

**CAREER
EXPLORATION
OFFERED FREE TO
EOCC
STUDENTS!**

Get help planning for that career in the Student Center's Success Center on the Enterprise Campus. Through career exploration, you can get information for resume writing, interviewing tips, and job search tips. You can also find detailed information for occupations, college majors, four- and two-year colleges, and more. Plus, it is all free to EOCC students!

DON'T FORGET!

Veterans' Day
Holiday
November 11

Student Holidays &
Thanksgiving Day
Holidays
November 24-28

**GET A HUNTINGDON
BACHELOR'S DEGREE
on the EOCC
Enterprise Campus!**

Attend classes one night a week —
No residency in
Montgomery required

The Accelerated Bachelor's Program is
designed for
full- or part-time working professionals
and current college students.



For more information, call the
Enterprise Campus
at (334) 347-2623, ext. 2256
or go to www.eocc.edu.

*If you're a self-starter
and independent,
you'll like Internet courses.*

SPECIAL INTEREST COURSES

Three Ways to Register:

1. By Telephone: Call (334) 347-2623, ext. 2336. Provide registration information along with a Visa or MasterCard number.
2. In Person: Come to the Community Services Office, room 213 in Wallace Hall on the Enterprise Campus, or to Building 4502 at the EOCC Fort Rucker Site.
3. By Mail: Send your name, address, social security number, birth date, and telephone number, along with course information. Enclose a check made payable to EOCC to cover your fees, and mail to EOCC Community Services, P.O. Box 1300, Enterprise, AL 36331.

For more information about Special Interest Course offerings, call (334) 347-2623, ext. 2336.

REFUND POLICY: If a course is cancelled, all persons enrolled will be notified and full refunds will be made. Anyone who registers and then decides to withdraw from a course may request a refund. All requests must be received in writing at the Community Services Office at the Enterprise Campus. A full refund is made when a request is received prior to the first scheduled class meeting. A 75% refund is made when a request is received before the second scheduled class meeting. Refunds are not made after the second scheduled class meeting.

ENTERPRISE CAMPUS

ACT EDUCATORS' WORKSHOP

ACT Educators' Workshop is an informational workshop designed for high school guidance counselors and principals. Continuing education units are available from ACT the day of the workshop. Contact ACT to register.

Instructor: C. Frye Time: 8:30 a.m.-Noon, F
Dates: 10/10 Fee: \$0
Room: TBA Sessions: One
Credit: .3 CEU Code No.: CEUACT101

ADULT BEGINNING SWIMMING

This class is geared toward adults who have little or no experience in the water. Enjoy learning to swim in our indoor heated pool. The focus of this course is developing comfort and basic water skills.

REGISTRATION DEADLINE: September 8

Instructor: P. Juback Time: 6:30-7:30 p.m.-M-Th
Dates: 9/15-30 Fee: \$50
Room: Pool Sessions: Ten
Credit: 0 CEU Code No.: CEIAS 501

BASIC BALLROOM DANCE

Basic Ballroom Dance is a fun course designed for students of all ages, with or without previous dancing experience. This eight-week course includes lessons on Waltz, Swing, and Fox Trot dancing. Participants must have a partner to register.

REGISTRATION DEADLINE: September 2

Instructor: S. Baum Time: 7:00-9:00 p.m., M
Dates: 9/8-10/27 Fee: \$45 (per person)
Room: TBA Sessions: Eight
Credit: 0 CEU Code No.: CEIBAL501

COMMUNITY CHORUS

This is your chance to sing in a Community Chorus! Many singers in the community enjoy this wonderful opportunity to join others in rehearsing and presenting a masterwork of choral literature. Please join us!

REGISTRATION DEADLINE: August 18

Instructor: J. Blair Time: 11:45 a.m.-1:00 p.m., TTh
Dates: 8/25-12/15 Fee: \$35.00
Room: FO110 Sessions: TBA
Credit: 0 CEU Code No.: CEICC501

COMPLICATIONS OF DIABETES

This nursing seminar is designed for all health care workers. Nurses will receive 7.2 contact hours of continuing education credit in cooperation with Diversified Nursing Services, an organization approved by the Alabama Board of Nursing as a provider of continuing education (provider #ABNPO436). Diversified Nursing is also approved for continuing education by the Alabama Board of Social Work Examiners for 6.0 contact hours. For specific course objectives, call (334) 347-2623, ext. 2236.

REGISTRATION DEADLINE: August 7

Instructor: M. Owens Time: 8:00 a.m.-3:30 p.m., Th
Dates: 9/18 Fee: \$65/\$75
Room: MPR Sessions: One
Credit: 7.2 CEUs Code No.: CEUN501

COMPUTERS FOR SENIORS

This is a beginning computer class designed exclusively for seniors with limited computer experience. Students will be introduced to the Internet and will learn how to set up a free e-mail account, will be introduced to the computer keyboard, taught basic computer terminology, and get hands-on experience with the Microsoft Word software package. At the conclusion of this four-session course, students should be able to overcome their fear of computer usage, understand the basic functions of a computer keyboard, and gain a sense of the potential for computer use in their home, work, and/or educational environment. Bring a 3 1/2" disk to the first class.

REGISTRATION DEADLINE: August 28

Instructor: Staff Time: 10:00 a.m.-Noon, MW
Dates: 9/2-11 Fee: \$45
Room: SN100 Sessions: Four
Credit: .8 CEU Code No.: CEUCS101

CONVERSATIONAL SPANISH-1

This is an introductory course for people with little or no experience with Spanish. Emphasis will be on speaking and listening skills, and at the conclusion of the class students should be able to participate in simple conversation with Spanish speakers here or abroad. A \$10 Spanish book must be purchased for this class. Books are available at the EOCC Bookstore.

REGISTRATION DEADLINE: September 2

Instructor: S. Penton Time: 6:00-8:00 p.m., M
Dates: 9/8-10/13 Fee: \$45
Room: TBA Sessions: Six
Credit: 1.2 CEUs Code No.: CEUSP1501

GENEALOGY

Family history is endlessly fascinating. By filling in the blanks on your genealogy chart you discover that while all families are unique, researching your family is a personal detective story. There are plenty of reasons why adults should be curious about family history. Join us to discover and preserve your family's unique story!

REGISTRATION DEADLINE: August 26

Instructor: J. Johnston Time: 6:00-8:00 p.m., T
Dates: 9/2-10/7 Fee: \$50
Room: TBA Sessions: Six
Credit: 1.2 CEUs Code No.: CEUGE501

HEALTHY COOKING

The purpose of this seminar is to provide strategies and techniques of meal planning and preparation for quick, easy dinners every night. Participants will learn to plan and cook meals ahead of time; prepare a month's worth of quick prep suppers in one day; have home-made meals in their freezer that can be on the table within five minutes of being fully-defrosted; eat more meals a week as a family; eliminate fat, cholesterol, sodium, and keep flavor in their cooking. Food demonstrations will be included. (Dr. Shaw is approved by the Alabama Board of Nursing as a provider of continuing education.)

REGISTRATION DEADLINE: August 21

Instructor: H. Shaw Time: 9:00 a.m.-4:00 p.m., Th
Dates: 9/25 Fee: \$75
Room: MPR Sessions: One
Credit: .6 CEU Code No.: CEUSM501

INSTANT PIANO FOR HOPELESSLY BUSY PEOPLE

If you yearn to experience the joy of playing piano, but you don't want years of weekly lessons, this short course is for you. In just one enjoyable evening, you can learn enough secrets of the trade to make piano playing a part of your life, learning chords, not notes. You'll learn all the chords needed to play any song, any style, any key. And you'll get a healthy dose of insider secrets like how to embellish songs. This is an absolutely beginning class in chord piano techniques, and if you can find middle C and know the meaning of "Every Good Boy Does Fine," you already know enough to enroll. If not, send a self-addressed stamped envelope for a helpful free pamphlet to Music Masters, 90 Molly Lane, Ringgold, GA 30736. Then register with confidence! The registration fee is \$50, and the instructor will collect an additional \$25 in class for a book and a 68-minute practice CD.

REGISTRATION DEADLINE: October 20

Instructor: D. Haynes Time: 6:00-9:00 p.m., M
Dates: 10/27 Fee: \$50 (additional \$25
Room: TBA for book & practice CD)
Credit: 0 CEU Sessions: One
Code No.: CDIIP501

LEISURE SWIM is an opportunity for individuals or family members to maintain fitness through swimming. Leisure swim is open only to people who already have swimming skills. The pool will be available for approximately 20 hours per week. Individual fees—\$50.00; family membership fees—\$65.00

REGISTRATION DEADLINE: None

Instructor: Lifeguard Time: TBA
Dates: 8/25-12/11 Fee: See description.
Room: Pool Sessions:
Credit: 0 CEUs Code No.: CEILSF101- Family
CEILSI101-Individual

MOOD AND ANXIETY DISORDERS

This nursing seminar is designed for all health care workers. Nurses will receive 7.2 contact hours of continuing education credit in cooperation with Diversified Nursing Services, an organization approved by the Alabama Board of Nursing as a provider of continuing education (provider #ABNPO436). Diversified Nursing is also approved for continuing education by the Alabama Board of Social Work Examiners for 6.0 contact hours. For specific course objectives, call (334) 347-2623, ext. 2236.

REGISTRATION DEADLINE: August 7

Instructor: M. Owens Time: 8:00 a.m.-3:30 p.m., Th
Dates: 8/14 Fee: \$65/\$75
Room: MPR Sessions: One
Credit: 7.2 CEUs Code No.: CEUNS501

POTTERY SHOPPE

You have the chance to challenge your creativity while working with clay. This class is designed for adults who have had no experience with clay and for those who have worked with clay in the past. Students who have been enrolled in previous Pottery Shoppe classes will be able to learn new techniques. Each student will complete at least one piece of HAND-BUILT pottery and must purchase clay

and tools for \$23.00 at the first class session.

REGISTRATION DEADLINE: September 2

Instructor: D. Plunkett Time: 5:30-7:30 p.m., M
Dates: 9/8-10/13 Fee: \$40
Room: FO114 Sessions: Six
Credit: 0 CEU Code No.: CEIPS501

UNDERSTANDING BIOCHEMICAL NATURE OF STRESS AND STRESS MANAGEMENT THROUGH QUANTUM MEDITATION

This mind-power, stress-management workshop is designed for anyone interested in stress management. Dr. Shaw is approved by the Alabama Board of Nursing as a provider of continuing education.

REGISTRATION DEADLINE: September 2

Instructor: H. Shaw Time: 9:00 a.m.-4:00 p.m., T
Dates: 9/9 Fee: \$75
Room: MPR Sessions: One
Credit: .6 CEU Code No.: CEUSM501

OZARK CAMPUS

COMPUTERS FOR SENIORS

This is a beginning computer class designed exclusively for seniors with limited computer experience. Students will be introduced to the Internet and learn how to set up a free e-mail account, will be introduced to the computer keyboard, taught basic computer terminology, and get hands-on experience with the Microsoft Word software package. At the conclusion of this four-session course, students should be able to overcome their fear of computer usage, understand the basic functions of a computer keyboard, and gain a sense of the potential for computer use in their home, work, and/or educational environment. Bring a 3 1/2" disk to the first class.

REGISTRATION DEADLINE: October 28

Instructor: Staff Time: 10:00 a.m.-Noon, TTh
Dates: 11/4-13 Fee: \$45
Room: TBA Sessions: Four
Credit: .8 CEU Code No.: CEUCS701

FORT RUCKER SITE

MICROSOFT EXCEL

Microsoft Excel will teach you to turn your computer into an electronic calculator. Students will learn the basics of Microsoft Excel software and at the conclusion of the eight-hour class should be able to understand the fundamentals of spreadsheets by creating inventory or payroll reports. It would be helpful for students to have had some prior experience using a computer, and students should bring a 3 1/2" disk to the first class session.

REGISTRATION DEADLINE: October 27

Instructor: Staff Time: 5:30-7:30 p.m., MW
Dates: 11/3-12 Fee: \$45
Room: TBA Sessions: Four
Credit: .8 CEU Code No.: CEUEX601

***You can suggest a
special interest course by calling
Terri Dunn at (334) 347-2623, ext. 2209.***